



Lower Limb

Use and Care Instructions

Liner Care:

Proper product care is important. The liner needs to be washed inside and out every day, following use. Remove the liner and turn it inside out and wash with a mild soap. The liner can also be machine washed (40 C/Hot) with a mild detergent. Bleaches or other fabric softeners should NEVER be used. After cleaning, rise and wife both sides with a lint free cloth. Always return the liner to its original position with the distal attachment facing out as soon as possible after cleaning. Always check the liner for damage and wear, as this can weaken the effectiveness of the liner and should be reported to your prosthetist immediately. Misuse may result in a potential loss of suspension (prosthesis staying on during swing phase). Never expose the liner to glass or carbon fibers as these can become embedded in the liner and cause skin irritation. If this occurs notify your prosthetist immediately. DO NOT: leave liners inside out for extended periods of time, or excessive sunlight and heat.

Skin Care

Daily cleaning of the residual limb is also essential. We recommend the use of a mild liquid soap. DO NOT apply lotion to the residual limb immediately prior to putting liner on.

NOTE: Many common household or bath products including soaps, deodorants, perfumes, aerosol, alcohol sprays or abrasive cleaners may cause or contribute skin irritation.

If you have any problems or concerns, seek medical advice immediately. Don't hesitate to call your prosthetist with any questions or concerns that arise.

Suggested Wearing Schedule

To prevent skin breakdown and irritation, wearing the prosthesis must be gradually increased. If there is no irritation present then follow the below wearing instructions. Day 1, wear 15 mins in the morning and night. Day 2 wear 30 mins in the morning and night. Continue to increase wear time by 15 minutes a day, as long as there is no irritation present. If after 7 days there is no redness or swelling you may increase wear time by 30 mins in the AM and PM. When limb is removed check skin for redness, blisters, or open areas. If the skin is red, this should return to a pink color in about 20 mins. If it persists, time how long it takes to turn pink and contact your prosthetist. Adjustments are common with prosthesis and never hesitate to call if you feel there is an issue.

NOTE: If a blister or skin breakdown is found, do not put the prosthesis on and do not break open the blister.